

Coburg Run in the Country Registration Form - Sunday July 19, 2015 Coburg, Oregon

Presented by Eugene Physical Therapy

REGISTRATION OPTIONS

- Register on line at www.ultrasignup.com. **Online registration open until 7/17/15, Midnight**
- Complete and mail this form to the address below or drop it off at Eugene Running Co.
Paper entries must be received by 7/16/15
- Registration will also be available during packet pick up on 7/18/15 and day of race until 6:30 AM

RACE DAY SCHEDULE

5:30 am – Packet Pickup opens in Norma Pfeiffer Park
6:00 am – Early start for all walkers and for runners who need more time to finish. You should take the early start if you expect to walk or run at 13:00 minute per mile pace or slower (2 hour 50 minute finish time). Early starters at a pace faster than 13:00 min/mile may reach the aid stations before they are set up.
7:00 am – Half Marathon Run starts (for non-early starters)
9:45 am – Kids Fun Run
9:55 am – Awards
10:00 am –Finish line closes

SHIRT NOTE: All participants pre-registered by 7/5/15 will receive a technical shirt.

PACKET PICKUP

- 7/18/15 Day before race at location and time TBD
- 7/19/15 Day of race, 5:30 AM in Norma Pfeiffer Park (Diamond and E. McKenzie St)

START LOCATION: All events except the Kids Fun Run start at the intersection of East McKenzie and Willamette St., Coburg, Oregon.
Kids Fun Run starts N Harrison and E McKenzie St.

ONE FORM PER PERSON. FEES ARE NON-REFUNDABLE & NON-TRANSFERABLE. PLEASE PRINT CLEARLY For more information visit our website: www.runinthecountry.com

First Name _____ Last Name _____ Birth Date _____ Age on 7/19/15 _____

Address _____ City _____

State _____ Zip _____ Phone _____ Email _____ Gender: Male Female

MAIL FORM AND FEE TO: Run in the Country, P.O. Box 8220, Coburg, OR 97408 or drop off at Eugene Running Company. Paper entries must be received by July 16 ,2015

Visa/Mastercard payment only available with online registration.

PLEASE READ AND SIGN WAIVER: I know that participating or volunteering in a road race/walk/wheelchair event is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained with sufficient stamina to safely and successfully complete this event without harm or injury to myself. I agree to abide by any decision of a race official relative to my ability to safely complete the event and I further agree that race officials may authorize necessary emergency treatment for me. I also know that there will be traffic on the course and assume the risk of running/walking in traffic. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I hereby for myself, and anyone entitled to act on my behalf, waive and release the City of Coburg, Lane County, the State of Oregon, Road Runners Club of America, Eclectic Edge Racing, Coburg Hills Running LLC, the charities receiving proceeds from the event and all sponsors, their representatives and successors, directors, officers, employees, volunteers, agents, and any other personnel in any way assisting or connected with this event from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence, or carelessness on the part of the persons named on this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other records of this event for any legitimate purpose. I have read the entry information provided and certify my compliance by my submission of this entry. If registrant is a minor, I am the parent or guardian and agree to all terms of this waiver for the entrant. I also understand that the entry fee is nonrefundable.

Signature _____ Date _____

Signature required to participate in any Run in the Country events.

Signature of parent or guardian (if under 18) _____ Date _____

ENTRY FEES (PAPER ENTRY MUST BE RECEIVED BY JULY 16, 2015)

½ Marathon Run or Walk

- June 7, 2015 or earlier: \$40.00
- June 8, 2015 to July 5, 2015: \$45.00
- July 6, 2015 to Race Day: \$45.00 (no shirt)

REGISTERING FOR:

- Half Marathon Run
- Half Marathon walk (All Walkers will be registered for the 6:00 AM start)
- Half Marathon Run EARLY START - Check here to register for the early (6:00 AM) start.

You should take the early start if you expect to walk or run at 13:00 minute per mile pace or slower (2 hour 50 minute finish time). Early starters at a pace faster than 13:00 min/mile may reach the aid stations before they are set up

SHIRT SIZE:

Half Marathon Shirt Sizing is gender specific. Womens shirt ____ Men's shirt ____

Adult: S M L XL XXL

Kid's Run Shirt size: Youth Med. Youth Large
(Kid's Fun Run shirt cost is \$8.00)

OK to photocopy or register online at www.ultrasignup.com.