

Coburg Run in the Country Registration Form - Sunday July 17, 2011 Coburg, Oregon *Presented by Eugene Physical Therapy*

REGISTRATION OPTIONS

- Register on line at www.ultrasignup.com. Online registration open until 7/15/11, 5:00 pm
- Complete and mail this form to the address below or drop it off at Eugene Running Co. Paper entries must be received by 7/9/11
- **Registration will also be available during packet pick up on 7/16/11 and day of race until 6:30 AM**

RACE DAY SCHEDULE

5:45 am – Packet Pickup opens in Norma Pfeiffer Park

6:00 am – Early start for all walkers and for runners who need more time to finish. You should take the early start if you expect to walk or run at 13:00 minute per mile pace or slower (2 hour 50 minute finish time). Early starters at a pace faster than 13:00 min/mile may reach the aid stations before they are set up.

7:00 am – Half Marathon Run starts (for non-early starters)

9:45 am – Kids Fun Run

9:55 am – Awards

10:00 am – Finish line closes

SHIRT NOTE: All participants will receive a technical shirt. Due to the need to pre-order the shirts, those registering after July 2nd may have theirs mailed to them following the race

PACKET PICKUP

- Saturday 7/16/11 Location to be determined (see web site)
- 7/17/10 Day of race, 5:45 AM in Norma Pfeiffer Park (Diamond and E. McKenzie St)

START LOCATION

All events except the Kids Fun Run start at the intersection of E McKenzie and Willamette St., Coburg, Oregon. Kids Fun Run starts N Harrison and E McKenzie St.

ENTRY FEES

- June 1, 2011 or earlier:** \$40.00
- June 2, 2011 – June 30, 2011** \$50.00
- July 1 to Race Day** \$60.00
(PAPER ENTRY MUST BE RECEIVED BY JULY 9)
- Kids Fun Run** Free, but must register
- Kids Fun Run Shirt \$8.00.
(Must register and pay by July 9 to order Fun Run shirt)

REGISTERING FOR:

- Half Marathon Run**
- Half Marathon walk (All Walkers will be registered for the 6:00 AM start)**
- Half Marathon Run EARLY START - Check here to register for the early (6:00 AM) start.**
You should take the early start if you expect to walk or run at 13:00 minute per mile pace or slower (2 hour 50 minute finishtime). Early starters at a pace faster than 13:00 min/mile may reach the aid stations before they are set up

SHIRT SIZE:

Half Marathon Shirt Sizing is gender specific. Womens shirt ____ Men's shirt ____

Adult: S M L XL XXL

Kid's Run Shirt size:: Youth Med. Youth Large (Kid's Fun Run shirt cost is \$8.00)

ONE FORM PER PERSON. FEES ARE NON-REFUNDABLE & NON-TRANSFERABLE. PLEASE PRINT CLEARLY For more information visit our website: www.runinthecountry.com

First Name _____ Last Name _____ Birth Date _____ Age on 7/17/11 _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____ Gender: Male Female

MAIL FORM AND FEE TO: Run in the Country, P.O. Box 8220, Coburg, OR 97408 or drop off at Eugene Running Company. Paper entries must be received by 7/9/11

Visa/Mastercard payment only available with online registration.

PLEASE READ AND SIGN WAIVER: I know that participating or volunteering in a road race/walk/wheelchair event is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained with sufficient stamina to safely and successfully complete this event without harm or injury to myself. I agree to abide by any decision of a race official relative to my ability to safely complete the event and I further agree that race officials may authorize necessary emergency treatment for me. I also know that there will be traffic on the course and assume the risk of running/walking in traffic. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I hereby for myself, and anyone entitled to act on my behalf, waive and release the City of Coburg, Lane County, the State of Oregon, Road Runners Club of America, Eclectic Edge Racing, Coburg Hills Running LLC, the charities receiving proceeds from the event and all sponsors, their representatives and successors, directors, officers, employees, volunteers, agents, and any other personnel in any way assisting or connected with this event from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence, or carelessness on the part of the persons named on this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other records of this event for any legitimate purpose. I have read the entry information provided and certify my compliance by my submission of this entry. If registrant is a minor, I am the parent or guardian and agree to all terms of this waiver for the entrant. I also understand that the entry fee is nonrefundable.

Signature _____ Date _____

Signature required to participate in any Run in the Country events.

Signature of parent or guardian (if under 18) _____ Date _____

OK to photocopy or register online at www.ultrasignup.com.

Coburg Run in the Country

July 17, 2011

In conjunction with the Coburg Golden Years Celebration



14th ANNUAL
HALF MARATHON

Half Marathon Walk	6:00 am
Half Marathon Run	7:00 am
Kids Fun Run	9:45 am

Presented by:



www.RunInTheCountry.com